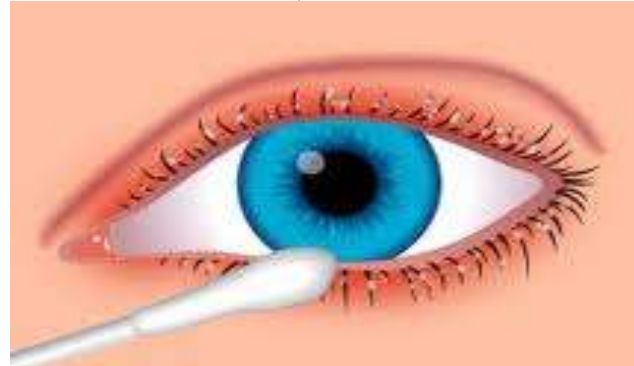


# Blepharconjunctivitis



Blepharconjunctivitis is an inflammation of the eyelids. It causes redness of the eye, a burning or foreign body sensation, excessive tearing, itching, sensitivity to light, red and swollen eyelids, blurred vision, frothy tears, dry eyes, flaking at the base of the lashes, or crusting of the eyelashes upon awakening.

Common causes for Blepharconjunctivitis are bacteria (Staphylococcus) and scalp dandruff or problem with the oil glands in the eyelid. Treatment involves keeping eyelids clean and free of crusts. Warm compresses should be applied to loosen crusts, followed by a light scrubbing with a cotton swab or a wash rag with few drops of water and baby shampoo.

Blepharconjunctivitis rarely goes away completely, most patients must maintain an eyelid hygiene routine for life. If the Blepharconjunctivitis is severe, Dr Gupta may also prescribe antibiotic and steroid combination eyedrops, ointment or oral antibiotic pills. Systane kit is available with Artificial Tears, Omega 3 oral softgels to improve the tear film and an Eyelid Wipe , so it is convenient to take even during travel.

Once eyelids are clean, plugs can be inserted by Dr Gupta for moisture.

Blefarconjunctivitis es una inflamación de los párpados. Causa enrojecimiento del ojo, una sensación ardiente o extranjeritos, lagrimeo excesivo, picazón, sensibilidad a la luz, párpados rojos e hinchados, visión borrosa, espumosas lágrimas, ojos secos, descamación en la base de las pestañas, o costras de las pestañas al despertar.

Causas comunes de blefarconjunctivitis son las bacterias (*Staphylococcus*) y la caspa del cuero cabelludo o el problema con las glándulas de aceite en el párpado. El tratamiento consiste en mantener los párpados limpios y libres de costras. Deben aplicarse compresas tibias para aflojar las costras, seguidas por una luz con un hisopo de algodón o un paño de lavado con algunas gotas de agua y jabón de bebé.

Blefarconjunctivitis rara vez desaparece completamente, la mayoría de los pacientes deben mantener una rutina de higiene de párpados para toda la vida. Si la blefarconjunctivitis es grave, Dr. Gupta también puede prescribir píldoras antibióticas oral, ungüento o gotas oftálmicas de combinación de antibióticos y esteroides. Systane está disponible con lágrimas artificiales, cápsulas oral de Omega 3 para mejorar la película lagrimal y la limpieza de un párpado, por lo que es conveniente tomar incluso durante el viaje. Una vez que los párpados están limpios los enchufes pueden insertarse por Dr. Gupta para humedad.

Blepharoconjunctivitis is an inflammation of the eyelids. It causes redness of the eye, a burning or foreign body sensation, excessive tearing, itching, sensitivity to light, red and swollen eyelids, blurred vision, frothy tears, dry eyes, flaking at the base of the lashes, or crusting of the eyelashes upon awakening.

Common causes for Blepharoconjunctivitis are bacteria ( Staphylococcus ) and scalp dandruff or problem with the oil glands in the eyelid. Treatment involves keeping eyelids clean and free of crusts. Warm compresses should be applied to loosen crusts, followed by a light scrubbing with a cotton swab or a wash rag with few drops of water and baby shampoo.

Blepharoconjunctivitis rarely goes away completely, most patients must maintain an eyelid hygiene routine for life. If the Blepharoconjunctivitis is severe, Dr Gupta may also prescribe antibiotic and steroid combination eyedrops, ointment or oral antibiotic pills. Systane kit is available with Artificial Tears, Omega 3 oral softgels to improve the tear film and an Eyelid Wipe , so it is convenient to take even during travel. Once eyelids are clean plugs can be inserted by Dr Gupta for moisture.