



# Soft Contact Lenses

**Recommended for anyone**  
**13 years of age or older**

Contact lenses are ideal for school, at work, sports and outdoor activities.

They provide better vision, Dr. Gupta explains how to insert and remove them and take care of them so they are safe to use. We also recommend to get glasses to decrease overuse of contact lenses.

Younger Adults: Spherical or colored  
Toric (correct Astigmatism)

Adults > 40 years old:

Monovision or Bifocal

**They are cosmetic, not covered by Insurances, so the fitting is between \$50-\$90. You have to order the contact lenses boxes separately.**

Cleaning Kit with case, and they can be ordered from the optical shop for a year's supply.

## **Fitting Class Includes:**

Pair of Contacts good for one month,



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